

Common Symptoms which are Definitive Signals to You of a “Not Normal” Hormonal Imbalance - Begging for your Attention!

Must Add Progesterone to balance or heal (Estrogen “dominance” is a primary cause)

N-progesterone deficiency in addition to a very significant Nutritional intervention required.

Breast cancer

Ovarian or uterine cancer

Prostate Cancer

Hysterectomy-full or partial

Fibrocystic Breast disease; breast fibroids

Endometriosis

History of taking birth control pills

History of taking Estrogen in any form

Any Fibroids, Cysts or Tumors in:

- Breasts
- Ovaries,
- Uterus,
- Prostate,
- Thyroid gland lobes
- Testes.

Polycystic ovaries

Infertility issues: miscarriages or can't conceive

Postpartum depression

PMS emotional variations, Female menstrual cycle issues

Bleeding changes in period/cycle

N: All forms of Women's Heart/arterial disease, heart attack, strokes, circulation

N: Hypothyroidism, taking thyroid medication

N: Hyperthyroidism, Hashimoto's

Dark/pronounced Facial hair on women

Vaginal dryness

Hot flashes and/or Night sweats

Increasing levels of anxiety; sleeping issues tied to anxiety

N Autoimmune Disease (any), including:

- **N** Lupus,
- **N** Fibromyalgia,
- **N** Osteoarthritis,
- **N** Sjogren's
- **N** Hashimoto's Thyroid

N: Gall bladder disease /loss of gall bladder

N: Thyroid dysfunction (also has strong nutritional component!)

N: Bone density loss/fragile bones also has strong nutritional component!)

N: Feeling cold often including cold hands/feet

Decreased muscle mass

Hair loss –Hair thinning in women

N: Psoriasis, eczema, rosacea

A Male growing breast tissue at any age

Excessive Teariness

Breast Tenderness

****Excessive aggressiveness in men or women,
Rage

****Note: Testosterone becomes estrogen in the body, so taking testosterone typically leads to estrogen dominance issues.**

These are time tested symptoms of Hormonal imbalances which can lead to serious disease/ losses /death.

Copyright-all rights reserved: Theresa W. Cook 2007-2017.